Dear Parent or Guardian:

According to our records, your child has Asthma. Children with asthma need an inhaler at school because it could save your child’s life in the event of an asthma attack, which can happen at any time regardless of how well-controlled your child’s asthma is.

A child should have a spacer to use with the inhaler. A spacer is a tube that attaches to the inhaler that helps deliver more of the asthma medicine to the lungs.

California Education Code (49423) allows students to carry their own inhalers and take their medicine at school. Included with this letter, you will find an Asthma Action Plan. Your child’s doctor must complete and sign this form, and you must sign and return it to school. The doctor must indicate that the child can carry and/or self-administer his/her medication.

Once the school receives the Asthma Action Plan and medicine, a school nurse will review them and train school staff to assist/support your child as needed.

Please take the following steps to make sure that your child receives appropriate asthma care during school hours:

1. Schedule an appointment with your child’s doctor. The doctor must complete the attached Asthma Action Plan and you must sign and date it.

2. Bring the inhaler (and spacer) in its original box from the pharmacy to the school office. Please write your child’s name on the inhaler and the spacer with permanent marker. The school office will notify a school nurse.

3. If your child will carry his/her own medicine at school, make sure the doctor teaches your child how to use it and indicates it on the form.

4. Tell your child’s teacher and school staff about things that make your child’s asthma worse. Remind the school and your child to bring his/her medicine when leaving school for field trips.

5. Talk to your child about how to handle asthma triggers, symptoms and medicine when at school.

If you have any questions please contact OUSD Health Services at 273-1510

Sincerely,

OUSD Health Services
School Nurse

If you have additional questions contact Health Services: 746 Grand Ave. Oakland, CA 94610 • (510) 273-1510 • (510) 273-1511 fax

Revised: July 2012