

Upcoming CalFresh Healthy Living, UC FREE Virtual Nutrition Education Classes for Parents!

October/November

Eating Smart Being Active- ENGLISH

In this free 6-week course learn about healthy eating and active living!

When: 2:30-3:30 pm on October 12, 19, 26 and November 2, 9, 16.

Registration link: <https://ucanr.zoom.us/meeting/register/tJ0pceusrTotE9N17SbJk35jPDrOGlaSnOxL>

ID 994 6243 1797

Passcode 996730

Comer Bien-Sea Activo- SPANISH

En este curso gratuito de 6 semanas aprenda sobre alimentacion saludable y vida activa!

Cuando: 1:00-2:00 pm los dias 12, 19, 26 de octubre y 2, 9, 16 de noviembre.

Enlace de registro: https://ucanr.zoom.us/meeting/register/tJ0tde6ppzguHdBaKZ0Y5_r2hXkpxLDKWU6k

ID 990 2719 3474

Passcode 086505

Making Every Dollar Count- ENGLISH

Join us for this free 6-week class to learn about healthy eating and money management!

When: 2:30-3:30 pm on October 14, 21, 28 and November 4, 11, 18

Registration link: https://ucanr.zoom.us/meeting/register/tJcpcO6tqjojH92IAGIPb5pBatD-5yT-s_ML

ID 990 7754 1959

Passcode 590211

Haga Rendir su Dinero- SPANISH

Unase con nosotros en estas clases gratuitas de 6 semanas para aprender sobre alimentacion saludable y administracion del dinero!

Cuando: 1:00-2:00 pm los dias 14, 21, 28 de octubre y 4, 11, 18 de noviembre

Enlace de registro <https://ucanr.zoom.us/meeting/register/tJlrf-uqpz0rEtXFNwTxuNLUjMYLm3zZi6Vp>

ID 966 8229 6181

Passcode 117760