




MARCH 2023



OUSD Breakfast TK-12th Grade Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Two Assorted Fruit Served daily: Red Apples, Bosc Pears, Dried Cranberries, Bartlett Pears, and Oranges.		1 Egg & Cheese Burrito Cereal	2 Concha Cereal	3 Smoothie + Oatmeal Bar Cereal
6 Cinnamon Roll Cereal	7 Yogurt + Granola Cereal	8 Maple Chicken Pancake Sandwich Cereal	9 Blueberry Waffle Cereal	10 French Toast Sticks Cereal
13 Blueberry Muffin Cereal	14 Bagel w/ Cream Cheese Cereal	15 Egg & Cheese Burrito Cereal	16 Concha Cereal	17 Smoothie + Oatmeal Bar Cereal
20 Cinnamon Roll Cereal	21 Yogurt + Granola Cereal	22 Maple Chicken Pancake Sandwich Cereal	23 Blueberry Waffle Cereal	24 French Toast Sticks Cereal
27 Blueberry Muffin Cereal	28 Bagel w/ Cream Cheese Cereal	29 Egg & Cheese Burrito Cereal	30 Concha Cereal	31  Cesar Chavez Holiday No School


1% and Nonfat Milk Available Daily



Who was Cesar Chavez?

César Estrada Chávez (March 31, 1927 – April 23, 1993) was an American farmworker, labor leader and civil rights activist. Chávez started the National Farm Workers Association (NFWA) along with Dolores Huerta. He wanted equal rights for Mexicans working in the United States. This union became the United Farm Workers. He led a boycott against grape companies to gain rights for workers. Chávez used nonviolence to make these changes. Chavez is thought of as one of the leaders in the movement for Chicanos to gain more rights in the late-20th century.


We use products made with whole grains



OAKLAND UNIFIED SCHOOL DISTRICT
 Community Schools, Thriving Students

This institution is an equal opportunity provider.