

Health Initiatives For Youth McClymonds After School Program



PROGRAMS

SKILL

Sharing Knowledge to Increase Leadership and Learning

This program provides information about negotiation, safer decision making and making healthy choices. Youth can receive up to \$160 in gift cards for participating.



Best Buy Teen Tech Center

Music studio, social media creation, film and photography

Youth can record, produce, film and edit a digital project with the latest tech equipment.

Mack Academic Hour w/Aspire

No need to take homework home! Students have the opportunity to complete their homework, catch up on classwork, and study for exams with the support of tutors.

Youth TV

A performance and multi-media group that will create a weekly web series on YouTube that will elevate youth voice on the topics and issues of interest.

Youth will learn to operate camera equipment, edit film and photography, manage and coordinate a production. Youth can perform and be recognized for their talent and artistic abilities as a professional artist, and learn techniques to become stronger singers, dancers and or actors.

Arts

Students will explore their inner artist using paint, watercolors, charcoal and other media. They will practice several styles such as realism and expressionism art.

Dance

Freedom of expression through dance! Participants follow and create their own choreography routines to a variety of styles of music.

Tennis

Little or no experience? All students are welcome to our tennis program. This tennis program is an opportunity to be active, learn new skills and socialize. Tennis rackets and balls are provided during the practice session.

Young Women's Group and Young Men's Group

Social emotional groups can feel very supportive and liberating when amongst people with shared identity. These gender-based groups provide space to talk about sensitive topics with people who have shared experiences.

Community Health & Life Skills

Want to be self-sufficient, independent and empowered? Join this group for practical life skills to make that dollar stretch, keep your vehicle running smooth, feed yourself and your loved ones.

Internships

Get real work experience at various organizations. A semester-long internship could turn into a life-long career.

Peer Health Education

Make a difference on campus and in the community through this paid job opportunity. Youth must apply and ten (10) will be selected each semester

Family Advocacy

Workshops provided for parents & families to create stronger communication, foster strength, healthy living, and overall well-being in support of student success.

For questions or more information about any of our trainings or programs, contact us via email at

info@hi4youth.org