



OAKLAND ATHLETIC LEAGUE

DATE: March 23, 2021
TO: Principals, Athletic Directors, and OAL Community
FROM: Franky Navarro, CIF Oakland Section - OAL Commissioner
SUBJECT: 2020-21 Sports Update

As of today, we look forward to a phased return to school based athletics. I would like to appreciate the coaches, support staff, district leadership, students, and families in collaborating to ensure that our return to sports is done in an organized and safe manner. As we continue to move forward in our planning we will continue to monitor the state of California Department of Health, County, and District Guidelines. At this time all high school students that have completed the OAL registration process, participated in our 3 week conditioning program, have followed our safety protocols and maintain academic eligibility will be cleared to participate in interscholastic athletics.

The outlook for the remainder of the school year is as follows:

OAL SPORTS REGISTRATION INFORMATION	
Requirements	<ul style="list-style-type: none"> • Complete OAL Registration Form • Pre-Participation Physical - upload copy to registration • Complete Health Statement Card • Complete Daily Covid-19 Symptom Screener - Parent Square
High School	Site Specific Team practices and competition scheduled
Middle School	Pending final approval for selected sites conditioning program Tentative Start Date : 3/29/2021

Season 1 Sports	
Cross Country (Boys & Girls), Football, Sideline Cheer, Girls Volleyball.	
Cross Country Schedule	<i>Saturday March 27th - OAL Finals at Skyline 9:30 - 11am</i>
Football Schedule	Week 1 - Saturday March 27th - 3pm JV - 6pm -Varsity Week 2 - Saturday April 3rd - 3pm JV - 6pm Varsity Week 3 - Saturday April 10th - 3pm JV - 6pm Varsity Week 4 - Saturday April 17th - 3pm JV - 6pm Varsity Week 5 - Saturday -April 24th- 3pm JV - 6pm Varsity Week 6 - Friday April 30th - JV only 3pm
Girls Volleyball	Postponed until further guidance regarding indoor sports

[OAL Important Dates](#) - For all updated schedules please visit cifoakland.org
 For questions or concerns: oal@ousd.org



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Season 2 Sports - Schedules are pending

<u>Badminton</u>	<i>Postponed until further guidance regarding indoor sports.</i>
<u>Baseball</u>	Season starts March 22nd, League play begins April 14th <i>Schedule Pending</i>
<u>Basketball (Boys/Girls)</u>	Postponed until further guidance regarding indoor sports
<u>Golf Boys & Girls</u>	Season starts March 22nd, First OAL Contest - April 1st
Girls Lacrosse	Season begins March 22nd, First OAL Contest - April 17th <i>Schedule Pending</i>
<u>Soccer Boys/Girls</u>	Season begins March 22nd, First OAL Contest - April 12th <i>Schedule Pending</i>
<u>Softball</u>	Season starts March 22nd, First OAL Contest - April 13th <i>Schedule Pending</i>
<u>Swimming Boys & Girls</u>	Season Starts March 2nd, First OAL Contest - April 1st <i>Schedule Pending</i>
<u>Tennis Boys & Girls</u>	Season Starts March 22nd, First OAL Contest April 12th <i>Schedule Pending</i>
<u>Track & Field Boys & Girls</u>	Season Starts April 1st, First OAL Meet April 21st
<u>Boys Volleyball</u>	<i>Postponed until further guidance regarding indoor sports</i>
<u>Wrestling</u>	<i>Postponed until further guidance regarding indoor sports</i>

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